

To learn more about our programs or to be matched with a trained Support Parent in our network, contact the office in your region, or complete the form below and mail it to the office that serves your county.

Name: _____
Address: _____
City: _____ State: New York Zip: _____
Home Phone: _____ Work/Cell Phone: _____
Email Address: _____ County: _____
Individual with Special Need(s): _____ Age: _____
Comments: _____

PARENT TO PARENT OF NYS

brings together family caregivers of those with developmental disabilities or special health care needs.

Being a part of this network helps caregivers learn to make better choices.

By finding support in each other, caregivers feel less alone and find hope.

-
- Receive training and join our network of volunteer Support Parents.
 - Find out about programs and services that will assist your family.
 - Learn skills that will improve parent-professional partnerships.
 - Visit our website for regional news, announcements, and event listings.
 - Join a regional e-group to receive updates.
 - Contact our staff members to schedule a presentation. Our staff members, as parents of individuals with special needs, can share with you what they have learned along the way.

DONATE TO PARENT TO PARENT

PARENT TO PARENT OF NYS is a 501(c)(3) nonprofit organization. Your contribution is tax-deductible to the extent allowed by law.

Please send donations to:
Parent to Parent of NYS
PO Box 9212
Schenectady, NY 12309



**Connecting and
supporting families
of individuals
with special needs**



www.ptopnys.org



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PARENT TO PARENT OF NYS
*is funded by NYS Office for People with
Developmental Disabilities (OPWDD).*

**Contact a regional office of
PARENT TO PARENT OF NYS:**

CAPITAL REGION

Albany, Columbia, Dutchess, Fulton, Greene,
Montgomery, Putnam, Rensselaer,
Saratoga, Schenectady, Schoharie,
Ulster, Warren & Washington counties
**500 Balltown Road
Schenectady, NY 12304
1-800-305-8817, 518-381-4350**

FINGER LAKES

Livingston, Monroe, Ontario,
Yates & Wayne counties
c/o FL DDRO Office
**620 Westfall Road
Room 114
Rochester, NY 14620
585-424-7211**

HUDSON VALLEY

Orange, Rockland, Sullivan
& Westchester counties
WIHD / Cedarwood Hall, Room A106
Valhalla, NY 10595
**1-800-305-8816, 914-493-2635
518-381-4350**

LONG ISLAND

Nassau & Suffolk counties
**415-A Oser Avenue
Hauppauge, NY 11788
1-800-559-1729, 631-434-6196**

NORTH CENTRAL NY

Cayuga, Cortland, Herkimer,
Lewis, Madison, Oneida,
Onondaga & Oswego counties
Currently served by Southern Tier

NORTH COUNTRY

Clinton, Essex, Franklin, Hamilton,
Jefferson & St. Lawrence counties
**Currently served by Capital District
1-800-305-8817, 518-381-4350
and assisted by Canton Office
315-379-1538**

SOUTH CENTRAL NY

Broome, Chenango, Delaware,
Otsego, Tioga & Tompkins counties
**249 Glenwood Road, Room 3C33
Binghamton, NY 13905
607-240-4573**

SOUTHERN TIER

Chemung, Schuylar, Seneca
& Steuben counties
**1885 Ste Rt 96A
Ovid, NY 14521
1-800-971-1588, 607-869-2171**

WESTERN NY

Allegany, Cattaraugus, Chautauqua, Erie,
Genesee, Niagara,
Orleans & Wyoming counties
**1200 East & West Road
Building 16, Room 1-140
West Seneca, NY 14224
1-800-305-8813, 716-675-0239**

Serving the Five Boroughs

NEW YORK CITY

c/o NYS OPWDD
**25 Beaver Street, 4th Floor
New York, NY 10004-2310
1-800-405-8818
1-212-741-5545**

STATEN ISLAND

c/o IBR
**1050 Forest Hill Road, Room #108
Staten Island, NY 10314
1-800-866-1068, 718-494-3462**



info@ptopnys.org

STATEWIDE OFFICE

**PARENT TO PARENT OF NYS
Michele Juda, Executive Director
PO Box 9212
Schenectady, NY 12309
1-800-305-8817, 518-381-4350**

**PARENT TO PARENT OF NYS
offices provide:**

Support: Through the Parent to Parent Matching Program, we help family caregivers connect one-to-one with someone who has "been there" as a caregiver of a child with the same type of disability, chronic illness, or health care concern.

Information & Referral: We help family caregivers find answers to general questions or information on a specific disability or health care need. We also can direct you to those who provide services, such as finding help to locate and pay for health care, equipment, or transportation needs.

Training: We offer training, such as using a Health Care Notebook or an Education Records Organizer, and Understanding Medicaid Service Coordination.

Fact Sheets and Health Care Notebooks are available from PARENT TO PARENT OF NYS offices, or may be downloaded by visiting the organization's website, www.ptopnys.org.

PARENT TO PARENT OF NYS is

- An alliance member of Parent to Parent USA
- The state affiliate of Family Voices National
- New York's Family-to-Family Health Information Center